



Isaiah 40: 31 "They that wait upon the Lord".

Good afternoon my dear friends. Once again I sit at my computer praying and seeking to say something that will encourage and challenge you as individuals and the church as a whole. It is August and summer is winding down and school soon starts for our children. It is the rhythm of life. Work, school, church, ballgames and all of our life commitments press down and where life should be simpler we find it gets more hurried and complex for many of us.

The world changes rapidly, our economy is like shifting sand and more often than not we often feel insecure and wonder what tomorrow brings. Yet in the midst of all of this we can stop, take a deep breath, be still, and once again hear the words of our Lord as He says, **"but they that wait upon the lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk and not be faint."**

I would like to encourage you that you practice some self care and self discipline by purposing in your heart in the coming months to do three things. The first thing is to examine your life and identify things that are stressing and stretching you thin. Ask this question of yourself, "Is this something the Lord wants or does my own desire drive me?" We often let own desires drive us and while it might not be morally or ethically wrong, and in fact may be good within itself, these things can cause our priorities to become misplaced and in the end cause us stress.

The second thing to ask, if not the most important thing, "Is this God's perfect will for me?" You must ask yourself if you are walking in God's will and not your own. When we allow ourselves to become engrossed with things that are not in His perfect will for our life we will slowly begin to slip on a slippery slope toward a point we do not want to be. According to Proverbs, it is the little foxes that spoil the vine and little things can drag us down.

The third thing is to begin to shed the things we can that are not helpful and encouraging for our relationship with God. One of the lessons we need to remember is that we do not serve God on our terms and conditions but on His. When we get out of God's will we find ourselves stressed, uncomfortable, miserable at times, with everything going haywire in our lives. When we recommit our lives to diligently waiting upon the Lord, focusing on doing His will, living out the teachings of Christ under the leadership of the Holy Spirit we will find times of refreshing, renewing, strengthening, and new vitality in our lives. So my dear friends, let us patiently wait upon the Lord in those times when we become weary and find our strength for the calling to live for Christ. Then we can walk and run jubilantly and work and live victoriously for the Lord.

Your servant in Christ, *Pastor David*

Helpful Reminders	August 9	August 16
Youth Snack Supper	Jamie Smith David & Denise Stone	Joanie Riggs Sam & Becky Critz
Uplift Breakfast	Gerald & Angela Brown	Jim & Lilnette Phillips
Nursery Workers	Uplift	Uplift
	August 9	August 16
Bed Babies—4 years	Corey & Ashley Mills	Craig & Buffy Inscore
Children's Church	Jim & Lilnette Phillips	Sam & Becky Critz
	Traditional	Traditional
Bed Babies / Toddlers	Janet McPherson, Thelma Shelton	Jane Sawyers, Jan Varney
2 & 3 Year Olds	Denise Cain	Gray & Mary Jane Shelton
Children's Church	Phyllis McCraw, Judy Mills	Eddie & Regina Mundy

Recent Contributions

In Memory of Ruth Hooker

J. A. and Claudia Bryant

In Memory of David Simmons

Kenny and Amy Nowlin

Bill and Peggy Smith

In Honor of Golie and Betty Southern

Bill and Peggy Smith

Notes of Thanks

Thank you so much for the use of your Fellowship Hall for the Booker Reunion. Please accept this gift from our family and use it for any youth project.

Judy Barham

We thank you and appreciate so much your prayers, support, and many acts of kindness during the sudden death of David, Brother, Son, Father and loved one that will and is so missed. For the delicious food, the flowers, cards, and memorials, we give thanks but most of all for your love and friendship. We are blessed. Truly, you are a caring church family.

The David Simmons Family

Prayer Concerns

The following people have been added to our prayer concern list since our last newsletter:

Ray Goins; Teddy Hayes; Clancy Lyons, Margaret Layman's brother; Roger Marion; Mary Moser; Bill Nowlin; Evelyn Nowlin; Barbara Pike; Roger Tolbert; Jesse Tucker, Noel Tucker's father; Tony Varney

Remember the Bereaved

The Family of Eva Dockery in her death, mother of co-worker of Robin Horton

The Family of Ruth Hooker in her death, Stephanie Gregory and Jill Nichols' grandmother

The Family of Tim Vanhoy in his death, Director of Habitat for Humanity

DEACON NOMINATIONS—SUNDAY, AUGUST 16, 2009

Nominations will be taken for a three-year term of service on the Deacon Ministry Group. Each church member may nominate up to eight persons for this office. Persons nominated must be: resident members of Calvary; at least 21 years of age; members of the church for at least two years; persons who have proven themselves to have spiritual qualifications. Read the spiritual qualifications for the Office of Deacon as set forth in Acts 6:1-6 and 1 Timothy 3:8-13. See also Calvary's Constitution and By-Laws. A helpful passage in consideration of spiritual gifts is I Corinthians 12. Pray earnestly for the leadership of the Holy Spirit in the choices to be made. The following people are currently in the Office of Deacon and are NOT eligible for nomination:

Term Expires 2009

Mike Francis

Sylvia Gentry

Gene Gravley

Jack Halsey

Ralph Hiatt

Brent Hull

Lee Mills

Mary Jane Shelton

Term Expires 2010

Daylon Greene

Phil Hiatt

Benny Lisk

Bob McPherson

Kent Moser

Howard Shelton

David Stone

Johnny Surratt

Term Expires 2011

Debbie Howlett

Tony Martin

Mike McCraw

Ken Nowlin

Kenny Nowlin

Ron Stephenson

Earl Varney

Jan Varney

Sunday School Snippet

It's August and that means the beginning of a new church year is just about here. School will be starting before long (ok, maybe I should not mention that!). We know that January marks the beginning of a new calendar year and January 1st is the time of year that some people resolve to make changes. We can resolve to make changes at the beginning of the church year as well. Sunday School needs you. I have been asked to schedule a meeting of the Sunday School Council so we can explore ideas to help Sunday School grow and get better. Yes, we have a great Sunday School, but it can be made better. A lot of you are involved in multiple ways in Sunday School and your involvement is a part of what makes it work. So what can you do?

- Pray that the Sunday School will be an effective ministry of the church.
- Become involved, or more involved, in building Sunday School by your own participation as well as inviting others.
- Send to me or any other member of the Sunday School Council your ideas on helping to make Sunday School a better ministry.
- Pray some more that God will use Sunday School as His tool.

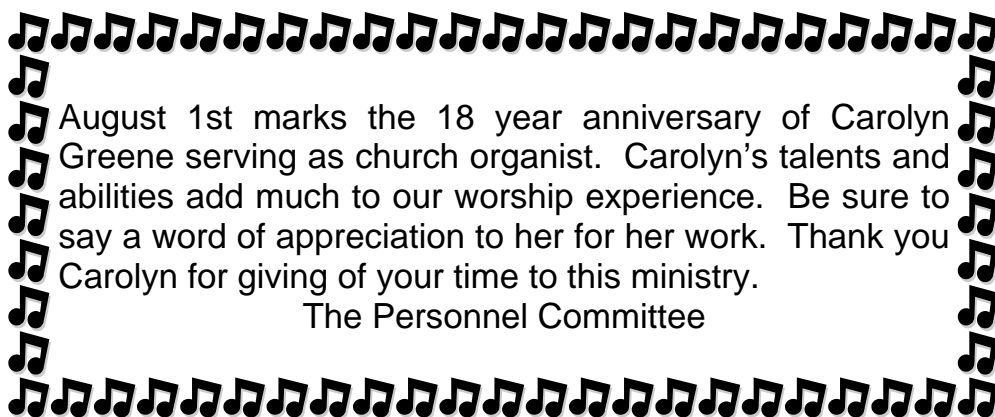
In my previous article, I invited responses to the question, "What does Sunday School mean to me?" I am making a second request. Instead of saying "Keep those cards and letters coming", I need to say "Start those cards and letters coming." It does not have to be lengthy, unlike this article is becoming. All I ask is that you write it out and send it to me through the Sunday School office, the church office, or by email at bob@calvarybcmntairy.org. With your expressed thoughts and ideas, our new church year can see Sunday School moving upward and fulfilling needs of others. I think the people of the church want to hear from you and God does as well.

*Bob McPherson
Sunday School Director*

YOUTH YAK

The CBC youth group is having a FANTASTIC summer! The mission trip to Charleston, SC was a very spiritual and enlightening trip. The youth kept their servant's hearts when they got home by doing local mission projects once a week. We have enjoyed helping the youth this summer and we will miss them when we go back to college. The last project we will do before going back to school is REDECORATING THE YOUTH ROOM!

Robby and Maggie



August 1st marks the 18 year anniversary of Carolyn Greene serving as church organist. Carolyn's talents and abilities add much to our worship experience. Be sure to say a word of appreciation to her for her work. Thank you Carolyn for giving of your time to this ministry.

The Personnel Committee